

COVID-19 Resources

Attached are resources from the Center for START Services
(<https://www.centerforstartservices.org/covid-19-resources>)

- **CDC-COVID-19 for people with disabilities**
 - <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-disabilities.html>
- **CDC-COVID-19 ASL Video Series**
 - <https://www.youtube.com/playlist?list=PLvrp9iOILTQatwnqm61jqErsfUB4RK6J>
- **UNC Chapel Hill Frank Porter Graham Child Development Institute -Supporting Individuals with Autism Through Uncertain Times**
 - <https://afirm.fpg.unc.edu/supporting-individuals-autism-through-uncertain-times>
- **Virus Defense at Home-** This is a guide for individual and family households. Use these simple cleaning tips to reduce the spread of germs at home. Each page can be printed and posted in a common area or room to remind family members to keep surfaces extra clean at this time. (Center on Human Development University of Oregon)
 - <https://coe-chd-static.uoregon.edu/resources/Virus%20Defense%20At%20Home.pdf>
- **YAI COVID-19 Database for People with I/DD, Caregivers, and Staff**
 - <https://www.yai.org/covid-database>
- **CDC/US Surgeon General** [How to Make Your own Face Covering](#)
- **WHO** [Mental Health Considerations during COVID-19 Outbreak](#)
- **SAMHSA** [Coping With Stress During Infectious Disease Outbreaks](#)
- **HCARDD** [COVID-19 Information & Wellness](#)
- **American Psychological Association** [COVID-19 Resource Page](#)
- **Mental Health America** [Mental Health And COVID-19 – Information And Resources](#)
- **Hesperian Health Guides** [Coronavirus Fact Sheet in 13 Languages \(English, Español,\)](#)
- [Five Essential Tips for Communicating with Your Audience During COVID-19](#)
- **Care For Your Coronavirus Anxiety** [Resources for anxiety and your mental health in a global climate of uncertainty.](#)

CDC Resources

- [Workplace, School and Home Guidance](#)
- [A Framework for Mitigation](#)
- [What You Should Know](#)
- [Preventing COVID-19 Spread in Communities](#)
- [CDC Communication Resources](#)
- <https://www.cdc.gov/coronavirus>

Administration for Community Living

- [Capacity Building Toolkit for including Aging & Disability Networks in Emergency Planning](#)
- [What do Older Adults and People with Disabilities Need to Know?](#)
- <https://acl.gov/COVID-19>

Language Access Resources

Plain Language Information on COVID-19 from the Self Advocacy Resource and Technical Assistance Center (SARTAC)

- This [8-page booklet](#) about the Coronavirus is written in plain language. It was created by and for people with developmental disabilities. It focuses on “need to know” information (not “nice to know” information).
- [Información de COVID-19 Por y Para Personas con Discapacidades](#)

Communication about COVID-19

- **Social Story About Staying Home from School because of COVID-19**
<https://ssautismcenter.com/wp-content/uploads/2020/03/COVID-19-Social-Story-.pdf>
- **Talking Points** - This app can help educators send text messages and communications to students and families in their home languages
- [Talking to Kids About Coronavirus: ASL and English Resources](#) (American Society for Deaf Children Resources in ASL)
- **Talking to Your Child About Change-** This story is to read with children and youth with intellectual or developmental disabilities who may be struggling to understand why their schedule is now different, in particular why they are no longer in school. Flexible

thinking is emphasized and feelings are acknowledged. (Center on Human Development University of Oregon)

- <https://coe-chd-static.uoregon.edu/resources/COVID-19%20Social%20Story.pdf>
- **Talking about change: A story about coronavirus**-This story can be used to support individuals with disabilities who live in their family homes, foster homes or group homes to understand the current situation due to the new Coronavirus. Questions are provided to give readers opportunities to plan, prepare, and ask questions. Discussing the pictures may also help the individual process facts and feelings. (Center on Human Development University of Oregon)
 - <https://coe-chd-static.uoregon.edu/resources/Talking%20About%20Change.pdf>
- **HCARDD-Resource Page.** Information to support people with developmental disabilities and their families during this time
 - <https://www.hcarddcovid.com/info>

Resource Link for Direct Support Professionals

- **NADSP COVID-19 ToolKit for DSPs - Resources for DSPs Taking Care of Themselves in Crisis**